

Lunch

the LEFT BANK brasserie

Menu

BREAD & NIBBLES

- Bowl Of Marinated Olives £3.95
Flat Bread With Humous & Pine Nuts £4.95
Baked Ciabatta & Balsamic Oil £3.95
Crusty Baguette & Butter £3.95
Garlic Bread £3.95
Garlic Bread With Tomato £4.50
Garlic Bread With Cheese £4.95

STARTERS

- FRESH SOUP OF THE DAY** £4.95
With Freshly Baked Bread.
LEFT BANK CHICKEN LIVER PATE £5.95
Mango Chutney, Fresh Herb Leaves,
Toasted Baguette.
BAKED HALLOUMI CHEESE £6.50
With Sesame Seeds, Watercress & Fresh Orange,
Raspberry & Mango Coulis.
HOMEMADE SALMON & DILL FISH CAKES £7.50
Sweet Chilli Sauce, Lemon Mayo.
CRISPY DUCK SPRING ROLL £8.95
Spring Onions, Cucumber, Sweet Chilli & Hoi-Sin Sauce.
GRILLED ASPARAGUS & GOATS CHEESE £6.95
Beetroot Carpaccio, Onion Marmalade.
CRISPY FRIED CALAMARI £7.50
Roasted Garlic Mayo, Rocket Salad & Lemon.
TEMPURA OF KING PRAWNS £9.95
Sweet Chilli & Soy Reduction.

PASTA

- | | Small / Large |
|--|----------------|
| FUSILLI WITH CHAR GRILLED CHICKEN | £7.95 / £10.95 |
| Crunchy Seasonal Vegetables, Garlic, Mozzarella, Pine Kernels & Parmesan Shavings. | |
| SPICY LINGUINI WITH CRISPY BACON | £7.95 / £10.95 |
| Piquant Chilli Tomato Sauce, Fresh Herbs, Parmesan. | |
| PENNE CARBONARA | £7.95 / £10.95 |
| Bacon, Cream, Egg, Parsley & Parmesan. | |
| PENNE WITH SPINACH & CHICKEN | £7.95 / £10.95 |
| Garlic, Mushrooms, Cream & Parmesan Shavings. | |
| TRADITIONAL LASAGNE | £10.95 |
| Beef Ragu, Béchamel, Napoli Sauce, Mozzarella. | |
| CANNELONI WITH FETA CHEESE & SPINACH | £10.95 |
| Pine Kernels, Napoli Sauce & Mozzarella. | |

SALAD

- | | Small / Large |
|---|----------------|
| GREEK SALAD W SWEET BALSAMIC | £5.95 / £10.95 |
| (Add Char Grilled Chicken £1.00)
Feta Cheese, Cherry Tomatoes, Red Onions,
Black Olives, Cucumber, Garlic Croutons. | |
| CAESAR SALAD W GRILLED CHICKEN | £6.95 / £11.95 |
| Parmesan, Garlic Croutons & Caesar Dressing. | |
| GOATS CHEESE SALAD W BEETROOT | £7.95 / £12.95 |
| Walnuts, Onion Marmalade, Cherry Tomatoes,
Fresh Salad Leaves, Herb Oil. | |

BAGUETTE -WRAP- OMELETTE

All Served With Chunky Chips Or Frites

- | | Small / Large |
|---------------------------------------|---------------|
| CLASSIC BLT BAGUETTE | £4.95 / £7.95 |
| Bacon, Tomato, Lettuce & Mayo. | |
| TUNA & SWEETCORN BAGUETTE | £4.95 / £7.95 |
| Tuna & Sweet Corn Combined With Mayo. | |
| BRAISED STEAK BAGUETTE | £6.95 / £9.95 |
| Onions, Peppers, Balsamic & Gravy. | |

CAESAR SALAD & GRILLED CHICKEN WRAP £7.95

Parmesan & Homemade Caesar Dressing.

ORIENTAL DUCK WRAP £8.95

Cucumber, Spring Onion, Sweet Chilli.

MEXICAN CHICKEN ENCHILADA £9.95

Mushrooms, Sweet Peppers, Sautéed Onions Cooked
In Tomato Sauce With Mexican Spices, Wrapped In
Tortilla. With Melted Mozzarella.

BAKED OMELETTE £8.95

Mozzarella Or Mushroom

SIDES

- Chunky Chips £2.95
French Fries (Frites) £3.95
Homemade Onion Rings £3.95
Mixed Salad £3.95

SIDES

- Mixed Salad £3.95
Mange Tout W Walnuts £4.50
Tomato & Onion Salad £4.50
Rocket & Parmesan Salad £4.95

LEFT BANK CLASSIQUES

- FISH & CHIPS** £6.95 / £12.95
Mushy Peas, Homemade Tartar sauce, Lemon.
SIMPLY GRILLED CHICKEN £12.95
Brandy & Crack Pepper Sauce, Chunky Chips.
ABERDEEN ANGUS BURGER £12.95
(Add Crispy Smoked Bacon £1.00)
Topped With Melted Cheese In A Seeded Brioche-Style Bun.
Caramelised Onion Relish With Frites Or Chunky Chips.
THAI GREEN CHICKEN CURRY £13.95
Mange Tout, Coconut Milk, Jasmine Rice.
SEARED SCOTCH SALMON £15.95
Dauphinoise Potatoes, Chef's Creamy White Wine & Dill Sauce.
SLOW COOKED LAMB SHANK £16.95
Buttered Mash, Chef's Redcurrant & Mint Sauce.
- 100z GRILLED RIB EYE STEAK** £21.95
8oz GRILLED FILLET STEAK £24.95
Served With: Baked Tomato & Mushroom. Chunky Chips
Or Herb Roasted Potatoes, Brandy & Crack Pepper
Or Classic Diane Sauce.

LEFT BANK gift vouchers AVAILABLE.



FOOD ALLERGIES and INTOLERANCES
please ask staff for advice.

